

**SUMMARY of CDC and NHDHHS
REVISED GUIDANCE
as of 1/6/2022**

Source: CDC and NHDHHS

[han-covid19-update53-updated-isolation-and-quarantine-guidance \(nh.gov\)](#)

ISOLATION (A Person Who Tests Positive)

- Regardless of vaccination status, or symptoms, anyone who tests positive for COVID-19 (or have symptoms of COVID-19 while awaiting testing) should isolate for 5 days.
- After the 5 day isolation, the person should wear a mask for an additional 5 days when around other people at home or in public locations.
- After 5 days of isolation if the person still has a fever or other symptoms that are not improving, that person should continue to isolate until fever free (with no medications) for at least 24 hours.
- People who cannot or will not wear a mask when in public locations should isolate for a full 10 days.
- People who are severely ill with COVID-19 (e.g. hospitalized) or who are severely immunocompromised should isolate for a longer period of time (at least 10 days of isolation).